

WHAT IS CLAIMED IS:

1. A beverage composition comprising:
 - a) a first component which is arabinogalactan; and
 - b) a second component comprising two or more vitamins selected from the group consisting of vitamin A, vitamin C, vitamin D, vitamin E, and B-complex vitamins.
2. A beverage composition according to Claim 1 which comprises from about 0.001% to about 50% of arabinogalactan, by weight of the composition.
3. A beverage composition according to Claim 2 which comprises from about 0.001% to about 15% of arabinogalactan, by weight of the composition.
4. A beverage composition according to Claim 3 wherein the arabinogalactan is naturally occurring within a tree source of the genus *Larix*.
5. A beverage composition according to Claim 4 which is a dry beverage composition.
6. A beverage composition according to Claim 5 comprising:
 - (a) from 0% to about 1% of vitamin A, by weight of the composition;
 - (b) from 0% to about 2% of vitamin C, by weight of the composition;
 - (c) from 0% to about 0.5% of vitamin D, by weight of the composition;
 - (d) from 0% to about 2% of vitamin E, by weight of the composition; and
 - (e) wherein when the composition comprises one or more B-complex vitamins, the composition comprises from 0% to about 2% of each B-complex vitamin, by weight of the composition.
7. A beverage composition according to Claim 4 which is a ready-to-drink beverage composition comprising at least about 50% water.
8. A beverage composition according to Claim 7 comprising:
 - (a) from 0% to about 1% of vitamin A, by weight of the composition;
 - (b) from 0% to about 2% of vitamin C, by weight of the composition;
 - (c) from 0% to about 0.5% of vitamin D, by weight of the composition;
 - (d) from 0% to about 2% of vitamin E, by weight of the composition; and

(e) wherein when the composition comprises one or more B-complex vitamins, the composition comprises from 0% to about 2% of each B-complex vitamin, by weight of the composition.

5 9. A beverage composition according to Claim 8 wherein:

- (a) when the composition comprises vitamin A, the composition comprises from about 0.0002% to about 0.5% of vitamin A, by weight of the composition;
 - (b) when the composition comprises vitamin C, the composition comprises from about 0.0002% to about 1% of vitamin C, by weight of the composition;
 - (c) when the composition comprises vitamin D, the composition comprises from about 0.00002% to about 0.5% of vitamin D, by weight of the composition;
 - (d) when the composition comprises vitamin E, the composition comprises from about 0.0002% to about 1% of vitamin E, by weight of the composition; and
 - (e) when the composition comprises one or more B-complex vitamins, the composition comprises from about 0.0002% to about 1% of each B-complex vitamin, by weight of the composition.

10. A beverage composition according to Claim 9 which has a pH of from about 2.5 to about 7.

20 11. A beverage composition according to Claim 10 comprising one or more vitamins selected from the group consisting of vitamin A, vitamin D, and vitamin E.

12. A beverage composition according to Claim 11 comprising vitamin A and vitamin C.

25 13. A beverage composition according to Claim 11 comprising vitamin A and vitamin E.

14. A beverage composition according to Claim 11 comprising vitamin C and vitamin E.

30 15. A beverage composition according to Claim 11 comprising vitamin A, vitamin C, and vitamin E.

16. A beverage composition according to Claim 15 wherein the vitamin A is *beta*-carotene, the vitamin C is ascorbic acid, and the vitamin E is vitamin E acetate.

35 17. A beverage composition comprising:

- a) a first component which is arabinogalactan; and

- b) a second component comprising one or more vitamins selected from the group consisting of vitamin A, vitamin D, and vitamin E.
18. A beverage composition according to Claim 17 which comprises from about 0.001% to about
5 50% arabinogalactan, by weight of the composition.
19. A beverage composition according to Claim 18 which comprises from about 0.001% to about
15% arabinogalactan, by weight of the composition.
- 10 20. A beverage composition according to Claim 19 wherein the arabinogalactan is naturally
occurring within a tree source of the genus *Larix*.
21. A beverage composition according to Claim 20 which is a dry beverage composition.
- 15 22. A beverage composition according to Claim 21 comprising:
(a) from 0% to about 1% of vitamin A, by weight of the composition;
(b) from 0% to about 0.5% of vitamin D, by weight of the composition; and
(c) from 0% to about 2% of vitamin E, by weight of the composition.
- 20 23. A beverage composition according to Claim 20 which is a ready-to-drink beverage
composition comprising at least about 50% water.
24. A beverage composition according to Claim 22 comprising:
(a) from 0% to about 1% of vitamin A, by weight of the composition;
25 (b) from 0% to about 0.5% of vitamin D, by weight of the composition; and
(c) from 0% to about 2% of vitamin E, by weight of the composition.
25. A beverage composition according to Claim 24 wherein:
(a) when the composition comprises vitamin A, the composition comprises from about
30 0.0002% to about 0.5% of vitamin A, by weight of the composition;
(b) when the composition comprises vitamin D, the composition comprises from about
0.00002% to about 0.5% of vitamin D, by weight of the composition; and
(c) when the composition comprises vitamin E, the composition comprises from about
0.0002% to about 1% of vitamin E, by weight of the composition.
- 35 26. A beverage composition according to Claim 25 which has a pH of from about 2.5 to about 7.

27. A beverage composition according to Claim 26 wherein the vitamin A is *beta*-carotene and the vitamin E is vitamin E acetate.

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